



16th Annual Caribbean Rheumatology Conference

“Food For Thought”
Gut, Metabolism & the Future of
Rheumatology



PROGRAM AND AGENDA



Caribbean
Association for
Rheumatology

**One Region, One Voice
Advancing Rheumatology
Through Unity, Science, and Service**



9:00 – 9:10 am	Introductory remarks by CAR Executive	
9:10 – 9:40 am	Gut Health and Rheumatic disease: The Role of the Microbiome	Adegbenga Bankole, MD
9:40 – 10:10 am	Nutritional Analysis and Dietary Inflammation in SLE- A Barbados Experience	Raphica Scott, PhD
10:10 – 10:40 am	Cytosan for Refractory Myositis	Joel Wright, MD
10:40 – 11:10 am	Equitable Access for Rheumatology Around the World	Jose Mora Gutiérrez, MD, PhD,
11:10 – 11:30 am	BREAK	
11:30 – 12:00 pm	What Rheumatologists need to know about GLP-1 therapy	Betul Ibis, MD
12:00 – 12:30 pm	Overview of Rheumatic Diseases with Ocular Involvement	Amoy Ramsay, MBBS
12:30 – 1:00 pm	Clinical Case Forum: Rheumatic Disease Presentations in the Caribbean	Registrars Jaz Roland, MBBS, UWI Farhaana Mohammed, MBBS, UWI
1:00 – 1:10 pm	Final Thoughts	
1:10 – 1:45pm	Annual General Meeting (Members only)	



CAR2025 - Bahamas

We had a great time in
Nassau last year!



Education

Networking

Community

Culture

Caribbean
Perspective



Join us for CAR 2027, April 30th – May 2nd

GLOBAL PARTNER

AWIR

Association
of Women in
Rheumatology



JADE MOUNTAIN, ST. LUCIA

Raffle!!

2-night stay at the
luxurious Jade
Mountain Retreat —
held this afternoon
during the Annual
General Meeting

Don't Miss it!



SAND Registry

Surveillance And Network Database of Rheumatic Diseases in the Caribbean

- Multi-country Caribbean registry
- Focus: Lupus, Rheumatoid Arthritis, Psoriatic Arthritis
- Real-world data on disease patterns & outcomes
- Addressing gaps in representation and access
- Building a platform for research and clinical trials
- Join us in shaping the future of rheumatology in the Caribbean





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