



Caribbean
Association for
Rheumatology

Committed to the
Advancement of
Rheumatology



THE 8TH ANNUAL CAR MEETING
MAY 4 - 6, 2017
RENAISSANCE CURAÇAO

CARIBBEAN ASSOCIATION FOR RHEUMATOLOGY



CAR 2016, TRINIDAD

The Caribbean Association for Rheumatology is committed to improving the care of patients with rheumatic diseases in the Caribbean. It is a professional organization with a primary goal of uniting rheumatologists and allied health professionals in the advancement of rheumatology through collaborative research, education and advocacy at local and regional levels.

President's Address



Welcome to the 8th annual Caribbean Association for Rheumatology (CAR) conference.

We are delighted to partner with NASKHO this year as we reach out to the Netherlands Antilles. Our mission is to collaborate to improve care for all patients with rheumatic disease across the Caribbean and so, we have included in our program, for the second time, a segment for teaching rheumatology to non-rheumatologists. We will also have workshops to develop 'Shared care' guidelines.

We are pleased to have the Scottish Rheumatology Ultrasound Group (SRUG) with us for what we believe is the beginning of a meaningful relationship and training in musculoskeletal ultrasound to enhance our diagnostic and therapeutic capabilities. We have eminent faculty from around the world and we know we can look forward to another wonderful experience of sharing scientific knowledge, unique experiences and friendship under the Caribbean sun.

Thank you so much to the team of the executive committee, other directors, management team (SMTC), Dr. Bakir, NASKHO and sponsors for making CAR in Curaçao a reality. Heartfelt thanks to each one of you here who has supported CAR through these formative years, at your own expense, giving your time and effort selflessly. You are appreciated.

Please relax and enjoy.

Amanda King

President, CAR

Michelle Petri MD, MPH — Keynote Speaker



Michelle Petri, M.D. is a Professor of Medicine at the Johns Hopkins University School of Medicine. She attended medical school at Harvard University and fulfilled her internal medicine residency at the Massachusetts General Hospital. In addition, she completed two fellowship programs at the University of California, San Francisco in allergy and immunology and rheumatology. Dr. Petri is the Director of the Hopkins Lupus Cohort, a longitudinal study of morbidity and mortality in systemic lupus erythematosus, and Co-Director of the Hopkins Lupus Pregnancy Center.

Grace C Wright, MD, PhD — Keynote Speaker



Grace C. Wright, MD, PhD is a clinical Associate Professor of Medicine and Attending Rheumatologist at the New York University (NYU) Langone Medical Center in New York City. Dr. Wright received her undergraduate degree at Barnard College, Columbia University, graduating magna cum laude in 1983, and earned her medical and doctorate degrees at NYU School of Medicine in 1990. She completed an internship and residency in internal medicine and a fellowship in rheumatology at the NYU Medical Center. Dr. Wright has research and clinical interests in the management and treatment of Rheumatoid arthritis and other rheumatic diseases, Osteoporosis, and Systemic Lupus Erythematosus. She has served as a principal or co-principal investigator of several clinical trials. She is a founding member and President of the Association of Women in Rheumatology and is a fellow and member of the American College of Rheumatology.

CONFERENCE AGENDA

Thursday May 4th

04:00 – 04:30pm

REGISTRATION

04:30- 07:00pm

Musculoskeletal Ultrasound Workshop
by the Scottish Rheumatology Ultrasound Group (SRUG)
Nicola Alcorn and Mhari Brandon

08:00 – 10:30pm

COCKTAIL RECEPTION

Friday May 5th

Session Chairperson: Sharon Dowell

Rheumatic Disease: The Caribbean Experience

08:00 - 08:10am

Welcome and Introduction

Dr. Nagy Bakir
Curaçao

08:10 – 08:15am

President's Address

Dr. Amanda King
St. Lucia

08:15 – 08: 30am

Welcome Remarks

Roland Antonius
Curaçao

08:30 – 09:00am

Immunology in Rheumatology

Prof. Ashley Duits
Curaçao

09:00 – 09:30am

What Have We Learned from
Biologic Therapy?

Dr. Jose A. Herrera
Spain/Panama

09:30 – 10:00am

Infection with Biologics: How to
Prevent and How to Treat

Dr. Nagy Bakir
Curaçao

10:00 – 10:30am

COFFEE BREAK

10:30 – 11:00am

Inflammatory Myopathy and
Related Issues

Dr. Ingemar Merkies
Curaçao

11:00 – 11:30am

Antisynthetase Syndrome in
Martinique and the French West
Indies

Dr. Christophe Deligny
Martinique

11:30 – 12:00pm

Management of Scleroderma: The
Bahamian Experience

Dr. Vincent Nwosa
Bahamas

12:00 – 01:00pm

LUNCH BREAK

Friday May 5th cont.

Session Chairperson: Amanda Greenidge-King
Rheumatoid Arthritis: The Caribbean Experience

12:30 – 01:00pm REGISTRATION

01:00 – 01:30pm	Update on Juvenile Idiopathic Arthritis	Dr. Nicole Johnson <i>Canada</i>
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01:30 – 02:00pm	RA, Results from the Ethnic Minority Consortium	Prof. Gail Kerr <i>USA</i>
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02:00 – 02:30 pm	Rheumatic Care by the DAS Working Party	Dr. Richard Van Vugt <i>The Netherlands</i>
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02:30 - 03:00pm **COFFEE BREAK**

03:00 – 03:45pm	Keynote Speaker Signal Transduction and the New JAK Agents for Rh. Arthritis	Prof. Grace Wright <i>USA</i>
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3:45 - 04:45pm	Workshop: Shared Care for Rheumatic Arthritis in the Caribbean	Dr. J. Steuart Richards <i>USA</i>
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04:45 – 05:00pm	Closing Remarks	Dr. Nagy Bakir <i>Curaçao</i>
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06:00 – 08:00pm **DINNER**

Saturday May 6th

Session Chairperson: Prof. Nigel Harris
Lupus: The Caribbean Experience

07:30 – 08:30am REGISTRATION

08:00 – 08:30am	Metabolic Syndrome in Urban Jamaican Patients with Lupus	Dr. Keisha Maloney <i>Jamaica</i>
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08:30 – 09:00am	Lupus Nephritis: An Overview	Dr. Nouaf Ajubi <i>Curaçao</i>
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09:00 – 9:30am	How to Increase Survival in Black Patients with Lupus Nephritis: The Martiniquan Experience	Dr. Christophe Deligny <i>Martinique</i>
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Saturday May 6th cont.

Session Chairperson: Prof. Nigel Harris

Lupus: The Caribbean Experience

09:30 – 10:00am	Interesting Cases in SLE: The Barbadian Perspective	Dr. Cindy Flower <i>Barbados</i>
10:00 – 10:20am	COFFEE BREAK	
10:20 – 11:05am	Keynote Speaker New Topics in Lupus	Prof. Michelle Petri <i>USA</i>
11:05 – 12:00pm	Workshop: Shared Care for Lupus in the Caribbean	Dr. Cindy Flower <i>Barbados</i>
12:00 – 01:00pm	LUNCH	

Session Chairperson: Dr. Robert deLannoy

Rheumatology for the Non-Rheumatologist:

What You Need to Know about Common Rheumatic Diseases

12:30 – 01:00pm	REGISTRATION	
01:00 – 01:30pm	Assessment of the Patient with Rheumatic Disease	Dr. Raj Carmona <i>Canada</i>
01:30 – 01:50pm	Rheumatoid Arthritis	Prof. Grace Wright <i>USA</i>
01:50 – 02:10pm	Gout and Other Crystalline Arthropathies	Dr. J. Steuart Richards <i>USA</i>
02:10 – 02:25pm	MINI TEA BREAK	
02:25 – 02:45pm	Inflammatory Back Pain	Dr. Raj Carmona <i>Canada</i>
02:45 – 03:05pm	Lupus	Dr. Cindy Flower <i>Barbados</i>
03:05 – 03:15pm	Closing Remarks	Dr. Nagy Bakir <i>Curaçao</i>
03:15 – 4:15pm	CAR Annual General Meeting and Raffle of Jade Mountain	

CAR presents Distinguished Award to Prof. E. Nigel Harris



Professor Eon Nigel Harris served as Vice Chancellor of the University of the West Indies (UWI) from October 1, 2004 to April 30, 2015 and on his retirement was named Vice Chancellor Emeritus. A Guyanese by birth, Professor Harris now serves as Chancellor of the University of Guyana. Professor Harris graduated magna cum laude, Phi Beta Kappa from Howard University, with a degree in Chemistry and proceeded on a fellowship to Yale University, where he received a

Master of Philosophy degree in Biochemistry.

He earned his medical degree from the University of Pennsylvania, completing this within three years and again graduating with honours. He then returned to the Caribbean where he completed his residency in internal medicine at the University of the West Indies at Mona and was awarded the post-graduate degree, Doctor of Medicine (DM). He is internationally known for his work as a Rheumatologist. With Doctors Aziz Gharavi and Graham Hughes in London, he helped to define a disorder which they called the Antiphospholipid Syndrome and devised a diagnostic test (the anticardiolipin test) for it. For this work he shared with Dr Graham Hughes, Dr Aziz Gharavi and others, the Ceiba-Geigy Prize. Over 150 papers, editorials, reviews and chapters on this subject have been published by Professor Harris. He joined the University of Louisville, Kentucky, in 1987 and by 1993 became Professor of Medicine and Chief of the Division of Rheumatology. There he launched the Antiphospholipid Standardisation Laboratory, which leads worldwide efforts in standardisation of the anticardiolipin test and distributing these standards to over 500 laboratories worldwide. He was one of the initial organizers of a series of International Conferences on Antiphospholipid Antibodies, beginning in 1984 and held every two years since in Europe, Jamaica, the USA and Japan.

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Acknowledgments

On behalf of Dr. Nagy Bakir and the planning committee of CAR 2017, we would like to express our sincerest gratitude to the staff of Renaissance Curacao, the staff of SMTC, our sponsors and especially to NASHKO and Ms. Ella Engelhardt for working with us to make this meeting in Curacao come to fruition.

We would like to specially thank all our dedicated speakers for sacrificing time from busy schedules and travelling great distances to share the different experiences and knowledge in a field that we all share a passion. Thank you to our attendees for the support!

To keep up to date on changes and our next CAR meeting in 2018, please check our website: www.caribrheum.org

Kind regards,
CAR Executive Committee and Board of Directors